



# Inside the Gate



The Sept. 1 edition of Inside the Gate is below and online at  
[http://www.cnbc.navy.mil/regions/cnrse/installations/ncbc\\_gulfport/news/Inside\\_the\\_Gate.html](http://www.cnbc.navy.mil/regions/cnrse/installations/ncbc_gulfport/news/Inside_the_Gate.html)

**Sept. 1, 2016**

For the following tidbits of information and more, visit [www.cnbc.navy.mil/gulfport](http://www.cnbc.navy.mil/gulfport). Want your news or event posted? Let us know by sending an email to [ncbc\\_gpt\\_pao@navy.mil](mailto:ncbc_gpt_pao@navy.mil) or call 228-871-2699. All content in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron.

**Dickey's BBQ closed** – Dickey's Barbeque Pit is no longer operating on board NCBC Gulfport as of Sept. 1. A search for food trucks to come on board is ongoing.

**Seabee Mudrun 2016 – DEADLINE FOR SIGNUPS IS SEPT. 7.** Go get muddy Sept. 10 at 7 a.m. Join us for this 5K course of mud, obstacles, cross country running, road running and more mud! With the course challenges designed by our very own U.S. Navy Seabees you're sure to find something to challenge you. There is also a family run. Sign up today at <https://register.chronotrack.com/r/19557>

**Seabee eCourier Daily** – Read the Seabee eCourier on a more frequent basis at: <http://tinyurl.com/CBCourier>

**Commissary Case Lot Sale** – There will be a Customer Appreciation Case Sale at the Commissary **Sept. 16-17** during store hours.

**22 pushup challenge** – An alarming statistic plagues our nation's veterans. An average of 22 veterans a day perish due to suicide. The Month of September has been set aside for Suicide Prevention Awareness Month. Each day we will post a new leader doing 22 pushups to raise awareness of this epidemic. To watch leaders do their pushups, go to <https://www.facebook.com/NCBCGulfport/videos/10153714468766712/>

**What's happening at the Seabee Memorial Chapel** – Visit the Chapel Facebook page for updates: <https://www.facebook.com/ncbcchapel>, email: [gulfportchapel.fct@navy.mil](mailto:gulfportchapel.fct@navy.mil), or for more information, please contact: RP2 Shoemaker: 228-871-2454.

**Special Powers of Attorney now available online!** Go to [http://www.jag.navy.mil/legal\\_services/SPOA.htm](http://www.jag.navy.mil/legal_services/SPOA.htm) to complete and print your form. DO NOT SIGN IT until you get to RLSO. Bring to RLSO Building 30 for notary service.

**Happening at Fleet and Family Support Center** – Call FFSC at 228-871-3000 for more information or to sign up.

- **Parenting with Love and Logic** – Sept. 15 from 10 a.m. to noon at FFSC
- **Ombudsman Appreciation Luncheon** – Sept. 21 from 12:30 to 2 p.m. at the Colmer Dining Facility.
- **Higher Education Track** – Sept. 20-21 from 8 a.m. to 3 p.m. at FFSC
- **Bells Across America Gold Star Memorial Event** Sept. 22 at 9 a.m. at the Seabee Memorial Chapel
- **"10 steps to a Federal Job"** – Sept. 26 from 8 to 11 a.m. at FFSC
- **Monthly Job Fair** – Sept. 29 from 10 a.m. to 1 p.m. at FFSC

**Anchors and Eagles, Building 303**, is the perfect place for you to come and unwind. Open Tuesday - Thursday, 2-6 p.m. (E7 and above.) Monthly social is the fourth Thursday of the month with FREE food! **The fun begins at 3:30 p.m.** Send questions or comments to [Michael.sweetapple@navy.mil](mailto:Michael.sweetapple@navy.mil). Ask about hosting your special event here!

**Navy Community Recreation Outdoor Rental Center** – **You're one stop shop for all outdoor fun equipment!** Call today for details, 228-871-2127!

**New Thrift Shop Hours** – The Navy Marine Corps Relief Society Thrift Shop hours are now Tuesdays, Wednesdays and Fridays from 9 a.m. to 1 p.m. They are closed Thursdays.

**Auto Skills Center** – Join us in September for **FREE Tire Rotation** each Thursday of the month! Call today to make an appointment. Check out our new parts washer & engine hoist! Open Wednesday-Friday 2-8 p.m., Saturday and Sunday, 10 a.m. - 5 p.m. Sell your vehicle, boat, or trailer at the MWR Resale Lot – great rates and high exposure! **For details 228-871-2804.**

**Reminder of NCBC Traffic Instruction/Traffic Rules:** Speed limit on base = 25 mph unless otherwise posted. Come to a complete stop at all stop signs. No use of cell phones while driving anywhere, anytime!

**The Grill, Building 418 – September Special: Welcome the taste of fall with a mouthwatering grilled bratwurst and tangy sauerkraut. Served with fries and ice cold fountain drink for just \$6.75!** Open Monday – Friday 7 a.m. – 1:30 p.m. for breakfast and lunch. FREE lunch delivery available; just call 228-871-2494. Email [Michael.sweetapple@navy.mil](mailto:Michael.sweetapple@navy.mil) with questions/comments.

**Fitness Center** - Summer pool hours: Mondays – Fridays 5:30 a.m. – 7 p.m.; Saturdays and Sundays 9 a.m. – 4 p.m. **Sign-ups for King of the Court Volleyball and Captain's Cup Football begins today! Co-Ed Captain's Cup Kickball League begins Sept. 6; MWR Mini Combine on Sept. 15 at 6 p.m.** – Check your stats before Flag Football begins with shuttle run, 40 yard dash, vertical jump and 225lb bench press. **America on the Move Month of Action Pump & Run Sept. 19 at 5:15 p.m.** Families - mark your calendar now for **Sept. 25 and join us from 1-3 p.m. for Family Fitness Fun Day** including Yoga, Zumba and Wibit Pool Challenge! Check out our new website for details – [www.navymwrgulfport.com](http://www.navymwrgulfport.com) or call the Fitness Center at 228-871-2668 for more information.

**Register to Vote** - If you would like to register to vote, visit [FVAP.gov](http://FVAP.gov) now to complete a registration application and request your absentee ballots for the presidential preference primaries (P) and State primaries (S). It only takes a few quick steps to make sure your vote is counted no matter where you are in the world. **NCBC Voting Officer is Lt. Brian Mack, 228-871-4274.**

**Seabee Cinema, Building 446 Marvin Shields Blvd. - FREE SNEAK PREVIEW of "STORKS" (PG) 3-D- Sept. 10, 4:30 p.m.** at Seabee Cinema! Catch it for FREE before general release on Sept. 23! One showing ONLY! Doors open at 3 p.m. No advance tickets. No electronics. No outside food or beverage. Regular movie showings Friday - Sunday of every week! Check out what's playing this weekend by visiting our website: [www.navymwrgulfport.com](http://www.navymwrgulfport.com) or pick up our new movie schedule at any of our facilities or call the 24-hour Movie Hotline at 228-871-3299 for show times.

**Navy Community Recreation Information Tickets & Tours (ITT)** – Stop in and pick up discounted tickets to local events! Your Tickets & Tours office now has tickets available for: Biloxi Shuckers, Ship Island Excursion, Infinity Science Center, and Honey Island Swamp. Did you know we sell discounted tickets and vacation packages to resorts and amusement parks nationwide? Call 228-871-2231 for more information. **Join us for weekend fun in September: Sept. 9- Family Paint-N-Sip only \$35 (pizza included!); Sept. 17- New Orleans Scavenger Hunt, \$45; Sept. 24- Audubon Aquarium Trip, \$15! Navy vs. Tulane football tickets on sale now!**

**Learning Resource Lab** - Do you know about the Navy MWR Digital Library? **Check it out here: [www.NavyMWRDigitalLibrary.org](http://www.NavyMWRDigitalLibrary.org). Enjoy free Stuff?** Stop into Tickets & Travel office at noon on the first and third Friday of the month to learn how you can receive free books and more! Limited amount of seats available so come out and learn over lunch!

**Liberty Center** - Check out what's happening this week at Liberty! For more information, call Liberty at 228-871-4684. This week's YAC activities: **Sept. 5 – 5:30 p.m., Movie Monday, Free Popcorn; Sept. 6 – 6 p.m., Tournament Tuesday: 9 Ball, 1st Place Prize; Sept. 8 – 6 p.m., Cooking Corner: Shish Kebob, Free; Sign up for Liberty's Labor Day Camping Trip to Adventures Unlimited in Milton, FL for ONLY \$57!**

**The Hive – All Hands Club at Building 352** – Open **Wednesday and Thursday, 6 – 10:30 p.m., Friday and Saturday, 6 – 11:30 p.m.** Enjoy seven TVs for sports action, unwind with darts, pool or video games, and enjoy choice music! Bring your own video games and enjoy relaxed gaming! Email [Michael.sweetapple@navy.mil](mailto:Michael.sweetapple@navy.mil) with questions/comments.

**MWR Extreme Teen Center - Open Monday-Friday, 3:30 to 8:30 p.m. and Friday 3:30 to 9 p.m.** NCBC Gulfport Teen Center is open to 13 - 18 year olds currently enrolled in middle and high school and who have access to NCBC Gulfport. Register at the Youth Activities Center (YAC), Building 335, Bainbridge Road. Call 228-871-2251 for info.

**Youth Recreation Program**, located in Bldg. 335- FREE Tuesday- Thursday 5:30-8:30 p.m.; Friday 6-9 p.m.

**Youth Activities Center (YAC)** - Open Youth/Teens: Tuesday-Thursday 5:30 p.m. – 8:30 p.m.; Movie Night/Dances/Pool/Teens: Friday 6 – 9 p.m.; Open Recreation/Field Trips: Saturday; Summer Camp: Monday-Friday 6 a.m. – 5:30 p.m. Register at the YAC, Building 335, Bainbridge Road. **Sept. 2 – 6-9 p.m., Movie Night w/ Nachos & Drink, \$2; Sept. 6 – 5:30-8:30 p.m., Net Smartz: What is Excel, Free; Sept. 7 – 5:30-8:30 p.m., Healthy Habits: Eating for Energy, Free; Sept. 8 – 5:30-8:30 p.m., Smart Girls: Goal Hangers, Free**

**Zika Virus Information Update** – Everyone is encouraged to learn about the Zika Virus. Visit <http://www.med.navy.mil/sites/nmcphic/program-and-policy-support/Pages/Zika-Virus.aspx> for the latest information. The local point of contact for Zika info is HN Brian Masse at Naval Branch Health Clinic (NBHC) Gulfport, who may be contacted via email at: [brian.d.masse@mail.mil](mailto:brian.d.masse@mail.mil).

**\*\*Outside the Fence Line\*\*** For a listing of events in and around South Mississippi, go to <http://www.gulfcoast.org/events/>  
Disclaimer: These events are not base events and are subject to change/cancellation without notice. **It is advised to call in advance.**